

**2018年度 香港代表隊選拔 測試時間紀錄 (截至 05/05/2018)**

Num	Name	Highest Class	Track Run 6 & 8 Feb 2018 (Kwai Chung, Sham Shui Po & Hammer Hill SG)	X-country 3 Mar 2018 (Tai Lam)	Track Run 6 & 8 Mar 2018 (Kwai Chung, Sham Shui Po & Hammer Hill SG)	Technical Test 25 Mar 2018 (Ngong Ping)	X-country WOC_Long 7 Apr 2018 (Pak Shek Kau)	Technical Test 22 Apr 2018 (Pai Tau Hang)	X-country 1 May 2018 (Tai Lam)	X-country WOC_Long 5 May 2018 (Pak Shek Kau)
1	Au Joshua Ho Kiu	M14	0:11:48	0:46:01	0:12:04	0:22:50	-	0:35:05	---	-
2	CHAN AMANDA CHUN YI	W16	0:13:44	1:21:55	0:13:29	2:29:03	-	1:41:55	1:13:34	-
3	CHAN Cheuk HIM DANIEL	M10	NA	NA	NA	NA	-	NA	NA	-
4	CHAN CHUN HEI	M20	0:10:59	1:10:10	0:19:08	1:07:10	-	DNS	1:11:59	-
5	CHAN HAU WAH BRENDA	W21E	<b>0:21:16</b>	<b>1:16:41</b>	<b>0:21:12</b>	1:03:24	-	1:02:19	<b>1:48:53</b>	-
6	CHAN PUI FUNG	W21E	---	<b>1:28:10</b>	0:24:02	DNS	<b>2:09:11</b>	1:19:17	<b>1:29:41</b>	<b>2:11:14</b>
7	CHAN TIN MONG	M21E	---	---	0:21:12	DISQ	-	1:29:01	1:21:53	-
8	CHAN TSZ LING	W12	0:08:08	---	---	0:59:32	-	DNS	---	-
9	CHEN KA HEI	M12	0:07:57	---	---	0:38:11	-	DNS	0:29:24	-
10	CHENG PING KUEN	M35A	0:23:05	1:24:24	0:22:06	1:09:26	-	0:59:29	1:26:24	-
11	CHEUNG CHI KO ABDON	M21E	<b>0:19:23</b>	---	---	1:09:18	-	1:10:46	1:15:45	-
12	CHEUNG LAI KUEN MONA	W30A	0:27:58	1:09:09	---	1:09:10	-	1:10:50	---	-
13	CHOW MAN LONG	M21E	<b>0:19:54</b>	<b>1:20:29</b>	---	1:13:27	<b>1:56:46</b>	1:11:43	<b>1:19:43</b>	-
14	CHU YAU MAN	M20	0:20:03	1:08:24	0:19:20	1:06:04	-	1:14:24	0:45:51	-
15	CHU YING YAU	W20	---	1:32:17	0:25:23	1:16:11	-	1:18:47	1:05:53	-
16	Chung Austin	M21E	0:21:04	1:27:07	0:22:35	1:19:17	-	1:10:02	1:48:14	-
17	CHUNG HO YIN	M18E	0:11:04	---	---	0:58:22	-	0:49:22	0:46:47	-
18	CHUNG WAI NANG	M50	0:23:50	1:26:18	0:23:34	1:00:22	-	0:50:33	1:27:00	-
19	FONG CHEUK LONG ETHAN	M12	0:07:04	0:28:54	0:06:58	1:12:25	-	1:07:43	0:26:02	-
20	FU CHUN YAN ALISTAIR	M12	0:07:34	0:26:40	0:07:16	0:34:51	-	0:59:16	0:25:59	-
21	FU HOI KI	W14	0:16:47	0:52:20	0:15:48	1:00:00	-	DISQ	---	-
22	FUNG CHARMAINE KAI WING	W21E	<b>0:24:22</b>	<b>1:35:59</b>	---	1:40:36	-	1:13:35	---	-
23	FUNG WAI CHING	W20	0:28:06	1:54:31	0:29:11	1:40:42	-	2:15:56	2:03:28	-
24	FUNG WAI KI	W14	0:13:46	0:44:33	0:13:38	0:25:50	-	1:00:53	0:39:43	-
25	Fung Yuk Ching	W30A	---	1:14:31	0:30:01	1:18:24	-	1:26:02	---	-
26	HO CHUN YUEN	M12	0:07:12	---	0:06:50	0:49:48	-	DISQ	0:23:53	-
27	IP CHEUK LING	W12	0:08:56	0:38:42	---	0:40:59	-	DISQ	---	-
28	KAN CYRIL	M10	NA	NA	NA	NA	-	NA	NA	-
29	KO HIU MAN SOPHIE	W12	0:10:11	0:32:01	0:09:12	0:57:30	-	DNS	---	-
30	Kwok Justin Y Yan	M14	0:12:47	1:12:21	0:12:40	1:19:36	-	1:02:14	0:54:50	-
31	KWOK KIN KWAN (Oversea)	M21E	---	---	---	---	---	---	---	---
32	LAM CHO YU	W21E	<b>0:22:42</b>	<b>1:19:54</b>	---	1:15:07	<b>1:51:48</b>	1:14:29	---	-
33	LAM KA CHING	M21E	<b>0:20:31</b>	<b>1:20:33</b>	<b>0:19:58</b>	1:08:42	<b>1:38:53</b>	1:28:39	<b>1:15:56</b>	-
34	LAM SAM CHOI	M21E	0:19:00	<b>1:06:37</b>	---	1:04:12	-	0:58:17	<b>1:08:38</b>	-
35	LAU CHEUK NAM	M12	0:06:11	0:24:31	0:06:12	0:31:45	-	0:41:44	---	-
36	LAU CHI CHUEN	M40	0:21:50	1:29:10	0:23:16	1:44:42	-	1:14:06	1:23:14	-
37	Lau Hin Yi	W16	---	1:13:06	0:16:18	DISQ	-	DISQ	---	-
38	LAU KIN PONG	M10	NA	NA	NA	NA	-	NA	NA	-
39	LAW HOI YI (Oversea)	W20E	---	---	---	---	---	<i>1:32:02</i>	---	---
40	LAW WAI KAY	M55	---	DNF	0:29:41	1:29:18	-	1:11:32	1:05:39	-
41	LEE HOI CHUN	M10	NA	NA	NA	NA	-	NA	NA	-
42	LEE HONG PUI	M18E	0:22:36	0:58:11	0:22:23	1:28:08	-	1:08:24	0:59:41	-
43	LEE KIN WAI	M21E	---	<b>1:16:13</b>	<b>0:19:08</b>	1:05:44	<b>1:41:37</b>	1:04:57	<b>1:14:37</b>	<b>DNF</b>
44	LEE Sze Lut	M14	0:13:49	0:59:12	0:13:38	0:27:51	-	0:41:42	0:56:46	-
45	LEE WING SUM	W21A	0:24:47	---	---	DNS	-	1:40:48	1:28:41	-
46	LEUNG CHUNG WAI	M20	0:11:31	1:12:49	0:20:06	1:13:40	-	1:19:04	0:49:16	-
47	LEUNG HEI TUNG	W20	0:23:14	1:37:39	0:24:10	1:39:35	-	1:27:30	1:11:08	-
48	LEUNG HIU YUET	W12	0:07:25	0:31:10	---	0:54:11	-	<b>1:34:36(OT)</b>	---	-
49	LEUNG HO CHUN	M14	0:14:33	0:59:43	0:14:20	0:45:22	-	0:41:01	0:57:21	-
50	LEUNG KA KI	W21E	<b>DNF</b>	<b>1:43:31</b>	<b>0:23:15</b>	1:22:34	<b>2:16:57</b>	1:11:41	<b>1:23:46</b>	-
51	LEUNG KA MAN	W21E	---	1:28:59	<b>0:21:04</b>	DISQ	-	1:58:19	1:38:59	-
52	LEUNG LAP ON	M50	0:30:06	1:51:20	0:30:53	1:29:45	-	1:50:43	---	-
53	LEUNG LOK CHING	W12	0:07:51	---	---	0:51:37	-	<b>1:36:18(OT)</b>	0:29:25	-
54	LEUNG YIU TIN	M14	0:13:16	0:54:42	0:13:18	0:35:43	-	0:46:27	0:50:56	-
55	LI CHUN HO	M21E	0:19:37	1:06:45	---	1:13:59	-	1:11:57	DNF	-
56	LI MING CHI	M35A	0:22:37	1:18:59	0:22:04	0:55:05	-	0:47:46	1:20:03	-
57	Li Sing Wai	M21E	0:19:57	1:13:26	0:19:37	1:12:35	-	1:12:24	1:09:55	-
58	LO HOI YAN	W14	0:13:19	0:40:05	0:15:29	0:44:06	-	1:02:19	---	-
59	LUI WAI LAN IRIS	W21E	<b>0:22:57</b>	<b>1:18:53</b>	<b>0:22:51</b>	DNS	<b>1:50:06</b>	1:05:44	<b>1:31:51</b>	-
60	LUM CHEUK HEI	M16	0:11:04	0:49:30	0:11:03	DISQ	-	1:12:44	---	-
61	LUN YAT YIU	W10	NA	NA	NA	NA	-	NA	NA	-
62	MA LOK HIN	M21E	<b>0:19:30</b>	<b>1:21:42</b>	<b>0:18:56</b>	1:06:01	<b>1:39:35</b>	1:12:29	<b>1:15:03</b>	<b>1:38:33</b>

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63	MAK YUI KAN RAPHAEL (Oversea)	M21E	---	---	---	---	---	---	---	---
64	MAN CHI KIN	M21E	0:20:26	1:16:13	0:19:57	1:00:08	-	1:06:49	1:16:12	-
65	Man Wing	W16	0:11:59	1:10:24	---	2:25:04	-	DISQ	1:13:39	-
66	POON BRIAN WING YOUNG	M21E	<b>0:18:46</b>	<b>1:11:01</b>	---	1:15:55	<b>1:40:49</b>	DISQ	<b>1:08:48</b>	<b>1:38:15</b>
67	SHIU CHIT HEI	M20E	0:19:29	1:14:26	0:22:39	1:11:26	-	1:00:04	1:50:24	-
68	SHUM SIU LONG	M14	---	1:02:23	0:14:07	0:40:57	-	0:50:45	1:01:21	-
69	SIU PUI LOK	M12	0:06:56	0:28:02	0:06:20	1:05:21	-	0:57:10	0:25:58	-
70	SIU PUI YUET	W14	0:14:04	0:40:27	0:14:13	1:08:21	-	0:46:05	0:39:54	-
71	SO KA WANG	M18E	0:18:25	0:48:23	0:18:35	1:14:51	-	1:09:10	0:58:18	-
72	TAM WING CHUNG	M21E	<b>0:18:56</b>	<b>1:07:38</b>	<b>0:18:39</b>	DNS	-	1:04:27	<b>1:11:54</b>	<b>1:37:12</b>
73	TANG PO WA	W21A	0:26:54	---	0:27:39	DNS	-	2:03:19	2:27:11	-
74	TO CHUNG YIN	M16	0:12:18	0:55:10	0:12:07	1:53:53	-	1:11:44	1:13:07	-
75	TONG SHEE YIU	M16	0:13:23	1:00:53	0:12:46	1:41:39	-	1:44:05	1:15:52	-
76	TSANG CHUNG KIU	W12	0:07:46	0:34:36	---	0:53:34	-	DISQ	0:32:15	-
77	TSE YEE CHING	W12	0:10:27	---	---	DNS	-	DNS	---	-
78	WONG CHEUK WANG	M20	0:21:04	1:21:59	0:20:50	1:22:46	-	1:51:55	1:12:54	-
79	WONG CHI CHUNG ISAAC	M50	0:23:09	1:41:52	---	1:48:02	-	1:09:44	1:33:16	-
80	WONG CHI YIN	M35A	---	1:20:00	0:22:09	1:18:16	-	1:02:07	1:20:46	-
81	WONG KWAN	M14	0:14:34	0:53:34	0:14:21	0:23:55	-	0:43:07	1:06:48	-
82	WONG TSZ CHUN JASON	M20	0:20:09	1:09:24	0:20:10	1:17:05	-	1:16:35	0:46:35	-
83	WONG WAI CHING VICKIE	W30A	---	1:09:45	0:30:07	1:21:25	-	1:08:49	1:11:49	-
84	WONG WAI NGAI ERIC	M35A	0:21:51	1:18:47	---	0:57:26	-	1:09:41	---	-
85	WONG WING YIN	W16	0:16:43	1:16:53	0:16:17	2:45:42(OT)	-	2:00:18	---	-
86	WONG YI SHAN	W20	0:26:18	1:52:40	0:25:44	1:20:14	-	1:32:12	---	-
87	WONG YUK HING	W30A	---	1:18:27	0:32:35	1:55:54	-	1:40:35	1:17:44	-
88	WOO ALOK	M12	0:06:12	0:24:09	0:06:16	0:47:42	-	1:00:19	---	-
89	WOO BONO	M12	0:07:02	0:31:08	0:06:55	DNS	-	DISQ	---	-
90	YAM KAI YUI HUBERT	M16	0:11:07	0:53:56	0:10:49	1:15:36	-	1:01:35	0:49:57	-
91	YAU MAN HEI MERI	W12	0:07:55	0:33:36	---	0:48:58	-	1:28:17	---	-
92	YEE SZE WING	W21E	<b>0:23:09</b>	1:36:18	<b>0:22:49</b>	1:43:58	-	DNS	---	-
93	YEUNG WAI YIN ALEXIS	M55	---	---	0:24:46	1:04:38	-	1:05:03	1:03:31	-
94	YIP CHAK LUN GERALD	M21E	<b>0:17:46</b>	<b>1:05:53</b>	---	1:02:39	<b>1:27:14</b>	1:08:32	<b>1:01:06</b>	-
95	YIU VOR	M35A	0:21:12	---	---	DNS	-	1:10:37	1:20:29	-
96	YIU YIU	W12	0:06:22	---	---	0:46:08	-	0:58:31	0:25:11	-
97	YOU YI	M20E	0:17:56	1:08:19	0:20:07	1:27:11	-	1:21:59	0:45:18	-
98	You Yoyo	W14	0:13:41	0:42:31	0:13:19	1:09:02	-	1:08:46	0:39:54	-
99	YU TSZ FUNG	M20E	0:18:55	1:09:24	0:19:47	1:05:56	-	1:03:41	1:23:51	-
100	YU TSZ WAI	M21E	<b>0:18:55</b>	<b>1:06:03</b>	<b>0:17:48</b>	0:59:05	-	1:01:14	<b>1:05:01</b>	<b>1:32:54</b>
101	YU TSZ YING	W21E	---	<b>1:36:11</b>	<b>0:25:00</b>	1:11:18	-	1:19:49	---	-
102	YU WING HAY	W21E	<b>0:19:53</b>	---	---	1:28:32	-	DNS	1:19:33	-
103	YUE PUI CHUNG	M35A	0:25:18	---	---	1:25:03	-	DISQ	1:48:02	-
104	YUE WEI YONG (Oversea)	M20E	---	---	---	---	---	1:32:36	---	---
105	YUEN WAI KIT	M18E	0:21:06	1:07:14	0:20:22	1:37:38	-	Withdrawn	Withdrawn	Withdrawn

Reference time for WOC - ME
Best Time
1.25x

<b>WOC - S</b>	<b>WOC - M</b>	<b>WOC - S</b>	↑	<b>WOC - L</b>	↑	<b>WOC - M</b>	<b>WOC - L</b>
<b>0:17:46</b>	<b>1:05:53</b>	<b>0:17:48</b>	Test Course Best Time	<b>1:27:14</b>	Test Course Best Time	<b>1:01:06</b>	<b>1:32:54</b>
<b>0:22:12</b>	<b>1:22:21</b>	<b>0:22:15</b>	A1 - 0:59:05	<b>1:49:02</b>	A1 - 0:58:17	<b>1:16:23</b>	<b>1:56:07</b>
			A2 - 1:03:24		A2 - 1:02:19		

Reference time for WOC - WE
Best Time
1.25x

<b>WOC - S</b>	<b>WOC - M</b>	<b>WOC - S</b>	B - 0:55:05	<b>WOC - L</b>	B - 0:47:46	<b>WOC - M</b>	<b>WOC - L</b>
<b>0:19:53</b>	<b>1:16:41</b>	<b>0:21:04</b>	C - 0:22:50	<b>1:50:06</b>	C - 0:35:05	<b>1:23:46</b>	<b>2:11:14</b>
<b>0:24:51</b>	<b>1:35:51</b>	<b>0:26:20</b>		<b>2:17:38</b>		<b>1:44:42</b>	<b>2:44:03</b>